1.英语

Smart Ring
USER MANUAL



Usage Requirements

This device is only supported for use on smartphones with Android and IOS operating systems.
System Requirements: Android 6.0 or above, IOS 10.0 or above.

Charging and Powering On

1.Magnetic Linear Charging
Use the provided magnetic charging cable to attach to the metal points on the inner ring of the ring. Plug the other end of the charging cable into a USB charging adapter or the USB port of a computer. When using this product for the first time, please charge the device first. The device will automatically power on during charging.



2.Charging in the Storage Charging Case
Take out the charging case and use the provided USB charging cable to insert it into the charging port to fully charge it. The red light will stay on during charging, and the green light will stay on when the charging is complete. When fully charged, attach the charging contacts of the ring to the port of the charging case for charging. It is convenient to carry and can be replenished with power at any time.



Search for and download the Lunamira App, or scan the QR code on the right to download the App.



Light Status

The red light flashes during charging, and the light turns off when fully charged.
The green light flashes during a heart rate test, and the red light flashes during a blood oxygen test.



Wearing Method

Wear the ring on a suitable finger. For a comfortable fit, it is recommended to wear it on the index finger, middle finger, or ring finger, which can provide better monitoring data.

Wear the sensor directly under the finger for more accurate heart rate and blood oxygen measurements.



*Note
The measurement results of this product are for reference only and are not intended for any medical purposes. Please follow the advice of your doctor and do not use the measurement results for self-diagnosis and treatment.

Introduction to APP Functions

Activity Monitoring
You can view real-time data such as exercise steps, distance, calorie consumption, and time. The data will be synchronized to the APP.
Blood Oxygen Saturation, Heart Rate, Blood Pressure, and Blood Glucose Monitoring
Perform blood oxygen measurement, and the data will be synchronized to the APP in real time. Switch to the blood oxygen saturation interface to view historical records at different time periods; for heart rate monitoring, you can view the heart rate value and the heart rate range value; blood pressure monitoring records systolic and diastolic blood pressure data in real time and generates a detailed monitoring report to help you comprehensively understand the trend of blood pressure changes; blood glucose monitoring helps with scientific blood glucose control and improves exercise and quality of life.
Sleep Monitoring
View the complete sleep cycle recorded in real time, and scientifically analyze the durations of different stages such as deep sleep, light sleep, rapid eye movement, and light wakefulness.
Remote Control Photography
Through gesture control, you can achieve the functions of taking photos with your phone and browsing TikTok.
My Relatives and Friends
Associate the monitoring data of your relatives and friends and pay attention to their health status.



Precautions

Before using and operating the device, please read and follow the precautions below to ensure the best performance of the device and avoid dangerous or illegal situations.
In daily use, please choose a size that fits your finger. Avoid wearing it too tightly. Please keep the contact area of the ring dry. Wipe it dry immediately if it gets wet. If symptoms such as redness and swelling occur in the contact area, stop using it immediately and consult a doctor.

Safety

Keep the charging cable and the device in a dry environment during charging. Do not touch the charging cable with wet hands. Avoid the charging cable from being immersed in water or other liquids.
Do not disassemble or modify the battery, insert foreign objects, or immerse it in water or other liquids to avoid battery leakage, overheating, fire, or explosion.
Do not drop, squeeze, or puncture the battery. Avoid subjecting the battery to large external pressure, which may cause an internal short circuit and overheating of the battery.

2.简体中文

智能戒指
用户手册



使用要求

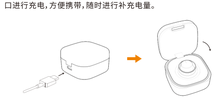
此设备仅支持在Android和iOS系统智能手机上使用；
系统要求:Android 6.0及以上，iOS 10.0及以上。

充电开机

1.磁吸直线充电
使用配备的磁吸充电线吸附到戒指内圈的金属点，充电线另一端接入USB充电头或者电脑USB接口即可，首次使用本产品请先对设备进行充电，充电时自动开机。



2.储存式充电仓充电
取出充电仓使用配备的USB充电线插入充电端口将其电量充满。充中红灯长亮，充电完成绿灯长亮；充满电时将戒指充电触点吸附至充电仓端口进行充电，方便携带，随时进行补充电量。



连接APP

1.搜索并下载“Lunamira”App，或
2.扫描右侧二维码，选择合适的APP版本下载。

2.进入app→点击设备→点击“添加设备”，找到



灯光状态

充电时红灯闪烁，充满电时灯光关闭。
心率测试时绿灯闪烁，血氧测试时红灯闪烁。



佩戴方式

将戒指佩戴在自己适宜的手指上，选择舒适尺寸建议佩戴在食指、中指、无名指上，能够更好的监测数据。

将传感器戴在手指正下方，心率和血氧测量更准确。



*注
本产品的测量结果仅供参考,不用于任何医疗目的,请遵您的指导医生,不要将测量结果用于自我诊断和治疗。

APP功能介绍

活动监测
可查看实时运动步数、距离、卡路里消耗、时间等相关数据，数据同步到APP中。
血氧饱和度、心率、血压、血糖监测
进行血氧测量，数据实时同步到APP，切换至血氧饱和度界面可查看不同时段的历史记录；心率监测可查看心率值、心率区间值；血压监测实时记录收缩压和舒张压数据，生成详细的监测报告帮助您全面了解血压变化趋势；血糖监测有助于科学的控糖，改善运动和生活质量。
睡眠监测
查看实时记录完整的睡眠周期，科学分析深睡、浅睡、快速眠动、轻醒等各阶段时长。
遥控拍照
通过的手势控制，实现手机拍照功能和刷抖音的功能。
我的亲友
关联亲朋好友的监测数据，关注他们的健康状态。



注意事项

在使用和操作设备之前，请阅读并遵守下面的注意事项，以确保设备性能最佳，并避免出现危险或非法情况。
日常使用中请选择适合自己手指的尺寸，避免佩戴过紧；请保持戒指接触部位的干爽，遇水后请及时擦干。如接触部位出现红肿等症状时，请立即停止使用，并咨询医生。

安全

充电时请保持充电线和设备处在干燥的环境中，请勿使用湿手触摸充电线，请避免充电线被水等液体浸入。
请勿拆解或改装电池、插入异物，或浸入水或其他液体中，以免引起电池漏液、过热、起火或爆炸。
请勿跌落、挤压或穿刺电池，避免让电池遭受外部大的压力，从而导致电池内部短路和过热。